

John 16:33

33 These things I have spoken to you, that in Me you may have peace. In the world you will have **tribulation**; but be of good cheer, I have overcome the world."

Tribulation (Greek thlipsis): pressure, oppression, stress, anguish, tribulation, adversity, affliction, crushing, squashing, squeezing, distress.

Romans 8:35, 37

35 Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

37 Yet in all these things we are more than conquerors through Him who loved us. NKJV

1 Corinthians 15:57

57 But thanks be to God, who gives us the victory through our Lord Jesus Christ.

1 John 4:4

4 You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

Philippians 4:11-13

11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: 12 I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. 13 I can do all things through Christ who strengthens me.

Philippians 4:6-7

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Colossians 3:15, 17

15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

17 And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.

1 Thessalonians 5:16-18

16 Rejoice always, 17 pray without ceasing, 18 in everything give thanks; for this is the will of God in Christ Jesus for you.

Hebrews 13:15

15 Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.

Proverbs 17:22

22 A merry heart does good, like medicine, But a broken spirit dries the bones.

Unless otherwise noted, all scripture taken from the New King James Version. Copyright © 1982 by Thomas Nelson, Inc. Used by permission